

**LECTURE**



# Ramadan Health Benefits

Dr Zachariah Matthews

**A Power-Point Presentation  
- to FAST or FeAST -**

**Wednesday 20 August 2008**

**7:15 pm (immediately after Isha)**

**Punchbowl Musallah  
25-33 Matthews Street  
Brothers and Sisters Welcome  
Contact: Br Ehab 0404 350340**



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